

Monday (Week 1)	
M	Pasta Bolognese with Crusty Bread
V	Korma Curry with Rice & Naan
S	Peas and Mixed Salad
D	Sticky Chocolate Cake & Chocolate Sauce

Monday (Week 2)	
M	Oven Baked Burger in a Bap
V	Lentil Lasagne
S	Baked Beans and Sweetcorn, Wedges
D	Devon Apple Cake & Custard

Monday (Week 3)	
M	West Country Sausages
V	Vegetable Bean Risotto
S	Oven Baked Wedges or Pasta Green Beans & Baked Beans
D	Peach & Butterscotch Upside Down Pudding & Custard

Tuesday (Week 1)	
M	Tuesday Brunch Waffle, Bacon, Sausage, Scrambled Egg
V	Tuesday Brunch Vegetarian Sausage, Waffle, Scrambled Egg
S	Baked Beans, Tomatoes & Mushrooms
D	Assorted Cup Cakes & Juice

Tuesday (Week 2)	
M	Tuna Pasta Bake with Crusty Bread
V	Cheese Wheels
S	Peas and Coleslaw
D	Flapjack with Lemon Sauce

Tuesday (Week 3)	
M	Pasty Pie (or Individual Pasty) & Tomato Sauce
V	Macaroni Cheese with Crusty Bread
S	Creamed Potato, Peas & Sweetcorn
D	Iced Sponge & Juice

Wednesday (Week 1)	
M	Roast Gammon & Pineapple
V	Vegetarian Roast
S	Roast or Creamed Potatoes Carrots & Cabbage & Gravy
D	Fruit Jelly & Ice Cream

Wednesday (Week 2)	
M	Roast Beef & Yorkshire Pudding
V	Quorn Roast & Yorkshire Pudding
S	Roast or Creamed Potatoes Broccoli, Carrots & Gravy
D	Chocolate Cracknel & Milk

Wednesday (Week 3)	
M	Roast Pork & Apple Sauce
V	Cauliflower & Broccoli Bake
S	Roast or Creamed Potatoes Swede, Carrots & Gravy
D	Frozen Chocolate or Strawberry Swirl

Thursday (Week 1)	
M	Beef Cobbler
V	Cheese & Tomato Pizza
S	Creamed Potato, Broccoli & Sweetcorn
D	Jam Sponge & Pink Custard

Thursday (Week 2)	
M	Hunters Chicken
V	Sticky Sausages
S	Rice or Creamed Potato Farmhouse Vegetables
D	Banoffee Pancake & Custard

Thursday (Week 3)	
M	Shaun The Sheep Pasta with Meatball Sauce
V	Vegetable Burger in a Bap
S	Sweet Potato Wedges Farmhouse Vegetables & Salad
D	Apple Crumble & Custard

Friday (Week 1)	
M	Crispy Salmon
V	Vegetable Sausage Roll
S	Chips or Pasta Seasonal Vegetables & Tomato Sauce
D	Homemade Cookie with Milkshake

Friday (Week 2)	
M	Fish Fingers & Tomato Sauce
V	Cheese & Tomato Quiche
S	Chips or Pasta Seasonal Vegetables & Tomato Sauce
D	Homemade Jammy Dodger with Milkshake

Friday (Week 3)	
M	Battered Fish Fillet
V	Spanish Omelette
S	Chips or Pasta Seasonal Vegetables & Tomato Sauce
D	Chocolate Shortcake & Milk

Sponsored by



SCHOOLS COMPANY

CENTRALDEVONACADEMY.ORG.UK

SchoolsCompany is a trading name used by The SchoolsCompany Trust, registered in England and Wales, company number 08304460
Registered office: 1st Floor Holborn Gate, 330 High Holborn, London WC1V 7QT.
VAT registered number: GB 220 9017 47

CENTRAL DEVON ACADEMY
THE STANSFIELD CENTRE
FALCON ROAD
EXETER EX2 7LB

T: 01392 445 446

F: 01392 449 333

E: ADMIN@CENTRALDEVONACADEMY.ORG.UK



November		Wk 1	Wk 2	Wk 3	Wk 1	Wk 2
	Mon	2	9	16	23	30
	Tue	3	10	17	24	
	Wed	4	11	18	25	
	Thu	5	12	19	26	
	Fri	6	13	20	27	

December		Wk 2	Wk 3	Wk 1	-	-
	Mon		7	14	21	28
	Tue	1	8	15	22	29
	Wed	2	9	16	23	30
	Thu	3	10	17	24	31
	Fri	4	11	18	25	

January		-	Wk 2	Wk 3	Wk 1	Wk 2
	Mon		4	11	18	25
	Tue		5	12	19	26
	Wed		6	13	20	27
	Thu		7	14	21	28
	Fri	1	8	15	22	29

February		Wk 3	Wk 1	-	Wk 2	Wk 3
	Mon	1	8	15	22	29
	Tue	2	9	16	23	
	Wed	3	10	17	24	
	Thu	4	11	18	25	
	Fri	5	12	19	26	

March		Wk 3	Wk 1	Wk 2	Wk 3	-
	Mon		7	14	21	28
	Tue	1	8	15	22	29
	Wed	2	9	16	23	30
	Thu	3	10	17	24	31
	Fri	4	11	18	25	

April		-	-	-	-	-
	Mon		4	11	18	25
	Tue		5	12	19	26
	Wed		6	13	20	27
	Thu		7	14	21	28
	Fri	1	8	15	22	29

Key to Menu Items: M: Main V: Vegetarian S: Sides D: Dessert

Key to Calendar Items:  Holiday

Jacket Potato, Yoghurt and Fresh Fruit Salad are available every day.

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